

OUTLAW VOLLEYBALL CLUB

2018 Spring Clinics

Register via email at outlawvbc@att.net

Location is Elgin Flex Gym (the old Elgin High School)

902 West 2nd Street, Elgin, TX

| Date and age groups | Clinic/Camp Description | Times and Cost |
|---------------------|--|---|
| Monday, May 7 | Clinic for setters covering proper platform techniques, setting all types of sets, covering differences between 6-2 and 5-1 | 6:00 pm - 7:30 pm Cost \$35 |
| | Clinic for hitters/middles covering proper footwork for all types of hits, blocking footwork and systems, and back row attacking | 7:30 pm - 9:00 pm Cost \$35 |
| Wednesday, May 9 | Clinic for hitters/middles using VERT to measure vertical and learn how to train and increase vertical jump | 6:00 pm - 7:30 pm Cost \$35 Limit 8 players |
| | Clinic for DS/L and hitters on ball control covering digging, passing, and back row attacks. | 7:30 pm - 9:00 pm Cost \$35 |
| Monday, May 14 | Clinic for ADVANCED setters covering proper platform techniques, setting all types of sets, covering differences between 6-2 and 5-1 | 6:00 pm - 7:30 pm Cost \$35 |
| | Clinic for hitters/middles WITH SETTERS covering proper footwork for all types of hits, blocking footwork and systems, and back row attacking | 7:30 pm - 9:00 pm Cost \$35 |
| Wednesday, May 16 | Clinic for hitters/middles using VERT to measure vertical and learn how to train and increase vertical jump | 6:00 pm - 7:30 pm Cost \$35 |
| | Clinic for DS/L and hitters on ball control covering digging, passing, and back row attacks. | 7:30 pm - 9:00 pm Cost \$35 |

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| Monday, May 21 | 8th Grade Boot Camp covering all skill techniques, offense and defense strategies to get ready for high school. | 6:00 pm - 9:00 pm Cost \$35 Limit 30 players |
| Wednesday, May 23 | Age 10-12 Boot Camp covering all skill techniques, offense and defense strategies to get ready for middle school. | 6:00 pm - 9:00 pm Cost \$35 Limit 30 players |
| Monday, July 9 | OVC 2018 Tryouts for High School players - First Round | 6:00 pm - 9:00 pm Cost \$40 |
| Wednesday, July 11 | OVC 2018 Tryouts for High School players - Second Round | 6:00 pm - 9:00 pm |
| Monday, July 16 | OVC 2018 Tryouts for High School players - First Round Supplemental | 6:00 pm - 9:00 pm Cost \$40 |
| Wednesday, July 18 | OVC 2018 Tryouts for High School players - Second Round Supplemental | 6:00 pm - 9:00 pm |
| <p>HOW TO REGISTER FOR CLINICS</p> <p>Send email to outlawvbc@att.net with the following:</p> <p style="padding-left: 40px;">Players name</p> <p style="padding-left: 40px;">Players school</p> <p style="padding-left: 40px;">Players grade in Fall 2018</p> <p>Spots are limited to number set for some clinics</p> <p>Payments can be in the form of cash, check, or credit card</p> | | |